



University of Pretoria Yearbook 2022

Methodology of Life Orientation and Physical Education 461 (JML 461)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 6.00

NQF Level 07

Programmes [BEd \(Intermediate Phase Teaching\)](#)

[BEd \(Senior Phase and Further Education and Training Teaching\)](#)

Prerequisites Available to final year students only.

Contact time 2 lectures per week, 2 practicals per week

Language of tuition Module is presented in English

Department Humanities Education

Period of presentation Quarter 1

Module content

This module addresses the practical application of teaching skills, planning and presenting of Physical Education lessons as topic of Life Orientation (presentation of micro-lessons).

Themes include:

- Exploring a meta-cognitive approach in teaching and learning
- The LO teacher as educator (including overcoming challenges innovatively)
- The LO teacher as counsellor (including eco-systemic approaches)
- Development of the self in society
- Health, social and environmental responsibility
- Constitutional rights and responsibilities
- Physical education
- Study skills

The regulations and rules for the degrees published here are subject to change and may be amended after the publication of this information.

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-



specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations.